SATURDAY

Woodbridge 09:00-10:00
Methodist Church, St. John's Street, IP121ED

Ipswich 12:30-14:00
Oak Room, St. Margaret's Church Centre, Bolton Lane, IP42BT

Bury St. Ed 18:00
The Thomas Clarkson Centre (next to St Peters Church), Hospital Rd, IP333JT

Felixstowe 19:00-20:30
Christ Church, Grange Farm Avenue, IP112XD

Lawford 19:00-20:00
Venture Centre, Bromley Rd, CO112JE

Ipswich 18:00-19:30
St. John's Church, 1 Cowper Street, IP45JD

SUNDAY

Bury St. Ed 08:30
Wilcrofts Cafe, 13 Brentgovel Street, IP331EB

Brightlingsea 10:30–11:30
The Parish Hall, Victoria Place, CO70BP

Sudbury 11:00
St. Christopher Centre, Gainsborough Street, CO102EU

Halesworth 17:00-18:00
Rifle Hall, 47 London Road, IP198LR

Ipswich 19:00
Greenfinch Church, Greenfinch Avenue, IP20SQ

Harwich 19:00-20:30
Harwich Arts & Heritage Centre, Dovercourt, CO12 4AJ

Woodbridge 19:00-20:15
Methodist Church, St. John's Street, IP121ED

Dovercourt 19:00-20:00
Harwich Arts & Heritage Centre, Main Rd, CO12 4AJ

ONLINE MEETINGS

All of our online meetings are hosted on 'ZOOM'

Please turn on your camera to be admitted

WEDNESDAY

9:00am

'Ipswich morning' code: ***92576586596***

FRIDAY

9:00am

'Ipswich morning' code: ***99461823328***

7:30pm

'Garden of Eden' code: ***89148230238***

SUNDAY

9:00am

'Hope and solution' code: ***96544850059***

You can find all our meetings with your mobile device using this QR code:

UNITY SERVICE RECOVERY

South East Anglian MEETINGS LIST

www.aainsuffolk.co.uk

01473 212224

NOV 2026

FACE-2-FACE MEETINGS

MONDAY

Ipswich 12:30-14:00
Oak Room, St Margaret's Church Centre, Bolton Lane, IP42BT

Woodbridge 12:30-13:30
Methodist Church, St. John's Street, IP121ED

Clacton 13:00-14:00
Brotherhood Hall, St. Osyth Road, CO153BW

Barton Mills 19:00-20:00
St. Mary's Church, The Street, IP286AP

Felixstowe 19:00-20:15
Trinity Methodist Church, Hamilton Road, IP117AN

Ipswich 19:15-20:30
Museum Street Methodist Church, Black Horse Lane, IP12EF

Frinton 19:30-21:00
Frinton Free Church, Connaught Avenue, CO139PW

Leiston 19:30-20:30
United Reformed Church, High Street, IP164EL

TUESDAY

Woodbridge 08:00-09:00
Methodist Church, St. John's Street, IP121ED

Lavenham 12:15-13:30
Lavenham Village Hall, Church Street, Sudbury, CO10 9QT

Ipswich 12:30-14:00
Oak Room, St. Margaret's Church Centre, Bolton Lane, IP42BT

Felixstowe 19:00-20:15
Christ Church, Grange Farm Avenue, IP112XD

Bury St. Ed 19:30
Christ Church, Symonds Road, Moreton Hall, IP327EW

Ipswich 19:30-20:30
St Thomas the Apostle (Church), Bramford Lane, IP1 5BS

Bentley 20:00-21:00
Committee Room, Bentley Village Hall, IP92DW

Stowmarket 19:00-20:30
Sunshine Room, Stowmarket Community Centre, Hillside, IP142BD

Woodbridge Women Only18:30-19:30
Methodist Church, St. John's Street, IP121ED

WEDNESDAY

Felixstowe 12:30-13:30
Trinity Methodist Church, Hamilton Road, IP117AN

Ipswich 12:30-14:00
Oak Room, St. Margaret's Church Centre, Bolton Lane, IP42BT

Ipswich 19:30-21:00
St. John's Church, 1 Cowper Street, IP45JD

Woodbridge 19:30-20:30
Methodist Church, St. John's Street, IP121ED

Brightlingsea 17:30
The Parish Hall, Victoria Place, CO70BP

Bury St Edmunds 12:30 – 13:00
The Parish Hall, Victoria Place, CO70BP

THURSDAY

Bury St Edmunds 19:30 – 21:00
Trinity Methodist Church, Brentgovel St, IP33 1EB

Woodbridge 12:30-13:30
Methodist Church, St. John's Street, IP121ED

Ipswich 12:30-14:00
Oak Room, St. Margaret's Church Centre, Bolton Lane, IP42BT

Stowmarket 19:00-20:30
Sunshine Room, Stowmarket Community Centre, Hillside, IP142BD

Framlingham 19:30
The Unitarian Meeting House, 15 Bridge Street, IP139AJ

Ipswich 19:15-20:30
Museum Street Methodist Church, Black Horse Lane, IP12EF

Harwich 20:00 – 21:30
Our Lady Queen of Heaven Church, Fronks Road, C0124EF

Southwold 20:00
Stella Peskett Millennium Hall, Mights Rd, IP18 6BE

Felixstowe 18:30-19:30
Trinity Church, Hamilton Rd, Felixstowe, IP117AN

Frinton 20:00 – 21:00
St. Mary's Church Hall, Old Road, C0139BX

Ipswich Przystan Polish 19:00 – 20:00
St. Mary's Church Hall, Old Road, C0139BX

FRIDAY

Ipswich 12:30-14:00
Oak Room, St. Margaret's Church Centre, Bolton Lane, IP42BT

Bury St Edmunds 13:00- 14:00
The library, 2B St Andrews St North, IP331TZ

Ipswich 19:30-21:00
Church of St. Thomas the Apostle, Bramford Lane, IP15BS

Ipswich (Pol) 19:00
Castle Hill Community Centre, 76 Highfield Rd, IP16DG

Woodbridge 19:30-20:30
Methodist Church, St. John's Street, IP121ED

Frinton 20:00
St. Mary's Church Hall, Old Road, CO139BX

Hadleigh 20:00
The Seminar Room, Hadleigh Library, 29 High St, IP75AG

Snape 19:30-20:30
Snape Village Hall, Garett Close, Snape, IP171RN

Felixstowe 13:15
Trinity Church, Hamilton Rd, Felixstowe, IP117AN