

Alcoholics Anonymous, Southeast Anglia

Online Meeting List



STEP 1: Download 'ZOOM' and register a FREE account. <https://zoom.us/signin#/login>

STEP 2: Either click the link of the meeting you wish to join, or copy the link of the meeting you wish to join (at the meeting start time), and paste it into a fresh search browser (Google / Safari etc).

IF YOU HAVE ANY CONCERNS OR QUESTIONS REGARDING THE MEETINGS HERE, PLEASE CONTACT:

AAhost@aainsuffolk.co.uk or Ecomm.seanglian@aamail.org

Wednesday

Ipswich Morning Meeting Online Wednesday

<https://zoom.us/j/92576586596>
Time: 09.00 – 10.00

Friday

Ipswich Morning Meeting Online Friday

<https://zoom.us/j/99461823328>
Time: 09.00 – 10.00

Garden of Eden Friday

<https://us06web.zoom.us/j/89148230238>
Time: 19.30

Sunday

Ipswich Hope & Solution Share Online Sunday

<https://zoom.us/j/96544850059>
Time: 09.00 – 10.00

Bury St Edmunds Daily Reflections Online Sunday

<https://us04web.zoom.us/j/8850783639>
Time: 09.00 – 10.00

AA is not affiliated with Zoom Video communications.

Helpline: 01473212224 (24 hours)

Meeting Guide

- ALL meetings, unless otherwise stated, are 'Closed' meetings and restricted to alcoholics and those who have a desire to stop drinking.
- Open (O) AA Meetings are open to ALL who may or may not have an alcoholic problem.
- Online meetings are those which meet through electronic media, not in a physical place.

Although not part of our Intergroup area, the following AA online meetings are also available:

Everyday 6pm (GMT): Zoom code: 562-941-624

Norfolk Online AA: <https://alcoholics-anonymous-nea.org/meetings-zoom/>