

# Alcoholics Anonymous, Southeast Anglia

## Meeting List

### Monday

#### Barton Mills Progress Not Perfection Monday

St Mary's Church, (trailer building next to the church) Barton Mills  
Time: 19.00 - duration 1hr  
Postcode: IP28 6AP

#### Felixstowe A Common Solution Monday

United Reformed Church, 47 Orwell Rd (side entrance), Tomline Rd  
Time: 19.00 - duration 1hr 15mins  
Postcode: IP11 7NZ

#### Felixstowe Step Discussion Monday

United Reformed Church, 47 Orwell Rd (side entrance), Tomline Rd  
Time: 20.30 - duration 1hr 15mins  
Postcode: IP11 7NZ

#### Frinton Big Book Monday

Number 4 Youth Centre, Connaught Ave  
Time: 19.30 - duration 1hr 30mins  
Postcode: CO13 9PW

#### Ipswich Big Book Monday

Museum St Methodist Church, Black Horse Lane entrance  
Time: 19.15 - duration 1hr 15mins  
Postcode: IP1 2EF

#### Ipswich Lunchtime Monday

Oak Rm (upstairs) St Margaret's Church Centre, Bolton Ln  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

#### Leiston Monday

United Reform Methodist Church, High St  
Time: 19.30 - duration 1hr  
Postcode: IP16 4EL

#### Woodbridge Just For Today Monday

Methodist Church, St Johns Street  
Time: 12.30 - duration 1hr  
Postcode: IP12 1ED

### Tuesday

#### Woodbridge Morning Step & Meditation Tuesday

St John's Methodist Church, St John's St  
Time: 08.00 - duration 1hr  
Postcode: IP12 1ED

#### Stowmarket Big Book Tuesday

Stowmarket Community Centre, Hillside  
Time: 19.00 - duration 1hr 30mins  
Postcode: IP14 2BD

#### Lavenham Lunchtime Tuesday

Lavenham Village Hall, Church St  
Time: 12.15 - duration 1hr 15mins  
Postcode: CO10 9QT

#### Ipswich Traditions for our Future Online Tuesday

<https://us04web.zoom.us/j/562941624>  
Time: 18.00 - duration 1hr

#### Ipswich One Step at a Time Home Group Tuesday

St Thomas the Apostle Church, Bramford Ln  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP1 5BS

#### Ipswich Bolton Lane Tuesday

Oak Rm (upstairs) St Margaret's Church Centre, Bolton Ln  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

#### Ipswich Bentley Tuesday

Bentley Village Hall, Capel Rd  
Time: 20.00 - duration 1hr  
Postcode: IP9 2DW

### Felixstowe Tuesday

Christ Church, Grange Farm Ave  
Time: 19.00 - duration 1hr 15mins  
Postcode: IP11 2XD

### Clacton Tuesday

St James Church, 56 Tower Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: CO15 1LE

### Bury St Edmunds Big Book Tuesday

Christ Church, Symonds Rd, Moreton Hall Estate  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP32 7EW

### Wednesday

#### Felixstowe Wednesday

Trinity Methodist Church, Hamilton Rd (side entrance in Orwell Rd)  
Time: 12.30 - duration 1hr  
Postcode: IP11 7AN

#### Ipswich Wednesday

St John's United Reformed Church, 1 Cowper St  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP4 5JD

#### Ipswich Bolton Lane Wednesday

Oak Rm (upstairs) St Margaret's Church Centre, Bolton Lane  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

#### Ipswich Morning Meeting Online Wednesday

<https://zoom.us/j/92576586596>  
Time: 09.00

#### Woodbridge As Bill Sees It Wednesday

Methodist Church, St John's St  
Time: 19.30 - duration 1hr  
Postcode: IP12 1ED

### Thursday

#### Bury St Edmunds Thursday

Trinity Methodist Church, Brentgovel St  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP33 1EB

#### Framlingham Two Thousand Thursday

Unitarian Meeting House, 15 Bridge St  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP13 9AJ

#### Frinton-On-Sea Thursday

Frinton Parish Church, Old Rd  
Time: 20.00 - duration 1hr  
Postcode: CO13 9BX

#### Harwich & Dovercourt Thursday

Our Lady Queen of Heaven RC Church Hall, 129 Fronks Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: CO12 4EF

#### Ipswich Feelings (How are you today?) Online Thursday

<https://us02web.zoom.us/j/89520338366>  
Time: 19.30 - duration 1hr 30mins

#### Ipswich Lunchtime Share Thursday

Oak Rm (upstairs) St Margaret's Church Centre, Bolton Lane  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

#### Southwold Thursday

Stella Peskett Millennium Hall, Mights Rd  
Time: 20.00  
Postcode: IP18 6BE

# Alcoholics Anonymous, Southeast Anglia

## Meeting List

### Stowmarket Primary Purpose Thursday

Stowmarket Community Centre, Hillside  
Time: 19.00 - duration 1hr  
Postcode: IP14 2BD

### Sudbury Keep it Simple Thursday

The Salvation Army, 1 Station Rd  
Time: 19.30 - duration 1hr 30mins  
Postcode: CO10 2SP

### Woodbridge Big Book Thursday

Methodist Church, St John Street  
Time: 12.30 - duration 1hr  
Postcode: IP12 1ED

### Ipswich Big Book Thursday

Museum St Methodist Church, Black Horse Lane entrance  
Time: 19.15 - duration 1hr 15mins  
Postcode: IP1 2EF

### Friday

#### Woodbridge Friday

Methodist Church, St John St  
Time: 19.30 - duration 1hr  
Postcode: IP12 1ED

#### Ipswich Topic Online Friday

<https://zoom.us/j/8828259997>  
Time: 12.30

#### Ipswich Morning Meeting Online Friday

<https://zoom.us/j/99461823328>  
Time: 09.00

#### Ipswich Bolton Lane Topic Friday

Oak Rm (upstairs) St Margaret's Church Centre, 22 Bolton Lane  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

#### Hadleigh Friday

The Seminar Room, Hadleigh Library, 29 High St  
Time: 20.00 - duration 1hr 30mins  
Postcode: IP7 5AG

#### Frinton-On-Sea Friday

Frinton Parish Church, Old Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: CO13 9BX

#### Bury St Edmunds As Bill Sees It Friday

The Library, 2B St Andrews St North  
Time: 13.00 - duration 1hr  
Postcode: IP33 1TZ

#### Ipswich Share Meeting Friday

St Thomas the Apostle Church, Bramford Ln  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP1 5BS

### Saturday

#### Bury St Edmunds Step Saturday

Seventh Day Adventist Church, Fornham Rd  
Time: 18.00 - duration 1hr 30mins  
Postcode: IP32 6AH

#### Felixstowe Saturday

Christ Church, Grange Farm Avenue  
Time: 19.00 - duration 1hr  
Postcode: IP11 2XD

#### Ipswich Feelings Saturday

YMCA, 2 Wellington St  
Time: 19.00 - duration 1hr  
Postcode: IP1 2NU

### Ipswich Just for Today Lunchtime Saturday

Oak Rm (upstairs) St Margaret's Church Centre, Bolton Ln  
Time: 12.30 - duration 1hr 30mins  
Postcode: IP4 2BT

### Woodbridge Meditation Saturday

St John's Methodist Church, St John's St  
Time: 09.00 - duration 1hr  
Postcode: IP12 1ED  
**Sunday**

### Woodbridge Sunday

Methodist Church, St John's St  
Time: 19.30 - duration 1hr 30mins  
Postcode: IP12 1ED

### Sudbury Morning Freedom Sunday

The Christopher Centre, 10 Gainsborough St  
Time: 11.00 - duration 1hr 30mins  
Postcode: CO10 2EU

### Ipswich Living Sober Sunday

Greenfinch Church, Greenfinch Ave  
Time: 19.00 - duration 1hr 30mins  
Postcode: IP2 0SQ

### Ipswich Hope & Solution Share Online Sunday

Zoom meeting ID: 96544850059  
Time: 09.00 - duration 1hr 30mins

### Halesworth Living Sober Sunday

Rifle Hall, 47 London Rd  
Time: 17.00 - duration 1hr  
Postcode: IP19 8LR

### Dovercourt Big Book Sunday

Harwich Arts and Heritage Centre, Main Rd  
Time: 19.00 - duration 1hr 30mins  
Postcode: CO12 4AJ

### Bury St Edmunds We Are Not Saints Sunday

Wilcrofts Cafe, 13 Brentgovel St  
Time: 08.30 - duration 1hr  
Postcode: IP33 1EB

### Bury St Edmunds Daily Reflections Online Sunday

Zoom ID: 8850783639 Link:  
<https://us04web.zoom.us/j/8850783639>  
Time: 08.30 - duration 1hr

Helpline: 01473212224 (24 hours)

### Meeting Guide

- ALL meetings, unless otherwise stated, are 'Closed' meetings and restricted to alcoholics and those who have a desire to stop drinking.
- Open (O) AA Meetings are open to ALL who may or may not have an alcoholic problem.
- Online meetings are those which meet through electronic media, not in a physical place.