

January 2019

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Tel: (01473) 212224 (24-hour local helpline)

Tel: (0800) 9177650 (24-hour national helpline)

ALCOHOLICS ANONYMOUS –
SOUTH EAST ANGLIAN INTERGROUP



DAY	TIME	MEETING	LOCATION	POST CODE	OPEN	D/A
Monday	12:30	Clacton	Open road, 132A Wellesley road, Clacton-on-Sea	CO15 3QD	ALL	Yes
Monday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Monday	12:30	Woodbridge	Methodist Church, St Johns Street	IP12 1ED	1st	YES
Monday	19:00	Barton Mills	St Mary's Church, The Street	IP28 6AP	ALL	YES
Monday	19:00	Clacton	Summit house, 14-16 Orwell road, Clacton-On-Sea	CO15 1pp	ALL	YES
Monday	19:30	Ipswich	Museum Street Methodist Church, Black Horse Lane, Ipswich	IP1 2EF	ASK	-
Monday	19:30	Leiston	United reform (Methodist) Church, High Street, Leiston	IP16 4EL	ASK	-
Monday	19:30	Saxmundham	Gannon rooms, 12 Station approach, Saxmundham	IP17 1BW	1st	-
Monday	20:00	Sudbury	The Library, Our lady in St Johns RC Church, The croft, Sudbury	CO10 1HW	1st	NO
Tuesday	8:00	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
Tuesday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Tuesday	18:15	Stowmarket	Acorns, The health centre, Violet Hill road, Stowmarket	IP14 1NL	2nd	YES
Tuesday	19:00	Clacton	Summit house, 14-16 Orwell road, Clacton-On-Sea	CO15 1pp	ALL	YES
Tuesday	19:30	Bury St Ed	Christ Church, Symonds road, Moreton hall, BSE	IP32 7EW	ASK	-
Tuesday	19:30	Ipswich	The Oak recovery hub, 175 Felixstowe road, Ipswich	IP3 8EB	1st	YES
Tuesday	20:00	Felixstowe	Christ Church, Grange Farm Avenue, Felixstowe	IP11 2XD	3rd	YES
Tuesday	20:00	Bentley (Ipswich)	Bentley Village hall, Station Road, Bentley	IP9 2DW	ASK	YES
Wednesday	12:30	Felixstowe	Trinity Methodist Church, Hamilton road, Felixstowe	IP11 7AN	ASK	-
Wednesday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Wednesday	19:00	Bury St Ed	Southgate Community Centre, Carie Walk, BSE	IP33 2PJ	ALL	YES
Wednesday	19:30	Ipswich	Saint John's URC, 1 Cowper Street, Ipswich	IP4 5JD	ASK	YES
Wednesday	19:30	Woodbridge	Methodist Church, St John's Street, Woodbridge	IP12 1ED	ASK	YES
Wednesday	19:30	Ipswich	St John's URC, 1 Cowper Street (Off Spring Road)	IP4 5JD	ASK	-
Wednesday	19:00	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
Wednesday	20:00	Sudbury	The Christopher Centre, 10 Gainsborough street, Sudbury	CO10 2EU	ASK	YES
Thursday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Thursday	12:30	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
Thursday	15:30	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
Thursday	18:15	Stowmarket	Acorns, The health centre, Violet Hill road, Stowmarket	IP14 1NL	2nd	YES
Thursday	19:30	Bury St Ed	Trinity Methodist Church, 8 Brentgoval street, BSE	IP33 1EB	ALL	YES
Thursday	19:30	Framlingham	The Unitarian Meeting house, Bridge street, Framlingham	IP13 9AJ	ASK	-
Thursday	19:30	Ipswich	Museum Street Methodist Church, Black Horse Lane, Ipswich	IP1 2EF	ASK	-
Thursday	20:00	Harwich	Lady Queen of Heaven RC Church, 129 Fronks Road, Dovercourt	CO12 4EF	1 st	YES
Thursday	20:00	Southwold	Stella Peskett Millennium Hall, Might's road, Southwold	IP18 6BE	ASK	-
Thursday	20:15	Frinton	Church Hall, Frinton Parish Church, Old Road, Frinton	CO13 9BX	ASK	-
Friday	12:30	Bury St Ed	United reform Church halls, Whiting Street, BSE	IP33 1NR	ALL	YES
Friday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Friday	15:30	Clacton (Ladies)	Baptist Church, 145 Frinton Road, Holland-On-sea, Clacton-On-Sea	CO15 5UR	NO	NO
Friday	19:30	Ipswich	St Thomas The Apostle & Martyr, Cromer Road, Ipswich	IP1 4EP	ALL	YES
Friday	20:00	Frinton	Church Hall, Frinton Parish Church, Old Road, Frinton	CO13 9BX	ALL	-
Friday	20:00	Hadleigh	Community Room, United reform Church, Market place, Hadleigh	IP7 5DL	ALL	YES

Friday	20:00	Woodbridge	Methodist Church, St Johns Street, Woodbridge	IP12 1ED	ALL	YES
Saturday	9:00	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
Saturday	9:30	Stowmarket (Ladies)	Acorns, The health centre, Violet hill road, Stowmarket	IP14 1NL	ALL	YES
Saturday	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
Saturday	16:00	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
Saturday	18:00	Bury St Ed	Oddfellows Hall, 85 Whitint Street, BSE	IP33 1NX	ASK	YES
Saturday	19:00	Ipswich	(1 st Floor) YMCA, 2 Wellington Street, Ipswich	IP1 2NU	ALL	YES
Saturday	19:00	Felixstowe	Christ Church, Grange Farm Avenue, Felixstowe	IP11 2XD	ALL	YES
Saturday	19:00	Lawford	Ogilvie Hall, Wignall Street, Lawford	CO11 2JG	1st	YES
Sunday	8:30	Bury St Ed	Wilcrofts Café, 13 Brentgovel Street, BSe	IP33 1EB	ALL	NO
Sunday	11:00	Sudbury	St Christopher Centre, Gainsborough Street, Sudbury	CO10 2EU	ASK	-
Sunday	15:00	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
Sunday	17:00	Halesworth	St Edmunds Church, Church Farm Lane, Halesworth	IP19 8SY	ALL	YES
Sunday	19:00	Bury St Ed	Oddfellows Hall, 85 Whiting Street, BSE	IP33 1NX	ALL	YES
Sunday	19:00	Ipswich	St Thomas The Apostle & Martyr, Cromer Road, Ipswich	IP1 4EP	1st	YES
Sunday	19:30	Woodbridge	Methodist Church, St Johns Street, Woodbridge	IP12 1ED	NO	YES

OPEN – An ‘Open’ meeting is one which allows the entry of family & friends of the alcoholic. **D/A** - Disabled access