

March 2020

www.aainsuffolk.co.uk

Tel: (01473) 212224 (24-hour local helpline)

Tel: (0800) 9177650 (24-hour national helpline)

ALCOHOLICS ANONYMOUS –
SOUTH EAST ANGLIAN INTERGROUP



DAY	TIME	MEETING	LOCATION	POST CODE	OPEN	D/A
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Clacton	Open road, 132A Wellesley road, Clacton-on-Sea	CO15 3QD	ALL	Yes
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Woodbridge	Methodist Church, St Johns Street	IP12 1ED	1st	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Barton Mills	St Mary's Church, The Street	IP28 6AP	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Clacton	Summit house, 14-16 Orwell road, Clacton-On-Sea	CO15 1pp	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Ipswich	Museum Street Methodist Church, Black Horse Lane, Ipswich	IP1 2EF	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Leiston	United reform (Methodist) Church, High Street, Leiston	IP16 4EL	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Saxmundham	Gannon rooms, 12 Station approach, Saxmundham	IP17 1BW	1st	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Sudbury	The Library, Our lady in St Johns RC Church, The croft, Sudbury	CO10 1HW	1st	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	8:00	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Harwich	Salvation Army, George Street, Harwich	C012 3ND	ASK	ASK
CLOSED UNTIL FURTHER NOTICE (COVID19)	18:00	Ipswich	Greenfinch Church, Greenfinch avenue, Ipswich, Suffolk	IP2 0SQ	ASK	ASK
CLOSED UNTIL FURTHER NOTICE (COVID19)	18:15	Stowmarket	Acorns, The health Centre, Violet Hill road, Stowmarket	IP14 1NL	2nd	YES

CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Clacton	Summit house, 14-16 Orwell road, Clacton-On-Sea	CO15 1pp	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Bury St Ed	Christ Church, Symonds road, Moreton hall, BSE	IP32 7EW	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Ipswich	The Oak recovery hub, 175 Felixstowe road, Ipswich	IP3 8EB	1st	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Felixstowe	Christ Church, Grange Farm Avenue, Felixstowe	IP11 2XD	3rd	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Bentley (Ipswich)	Bentley Village hall, Station Road, Bentley	IP9 2DW	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Newmarket	All Saints Church, All Saints Road, Newmarket	CB8 8BN	Last	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Felixstowe	Trinity Methodist Church, Hamilton road, Felixstowe	IP11 7AN	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Bury St Ed	Southgate Community Centre, Carie Walk	IP33 2PJ	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Woodbridge	Methodist Church, St John's Street, Woodbridge	IP12 1ED	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Ipswich	St John's URC, 1 Cowper Street (Off Spring Road)	IP4 5JD	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Clacton	Open Road, 132 Wellesley Road, Clacton on Sea	CO15 8QD	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Sudbury	The Christopher Centre, 10 Gainsborough street, Sudbury	CO10 2EU	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	18:15	Stowmarket	Acorns, The health Centre, Violet Hill road, Stowmarket	IP14 1NL	2nd	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Bury St Ed	Trinity Methodist Church, 8 Brentgovel street, BSE	IP33 1EB	ALL	YES

CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Framlingham	The Unitarian Meeting house, Bridge street, Framlingham	IP13 9AJ	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Ipswich	Museum Street Methodist Church, Black Horse Lane, Ipswich	IP1 2EF	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Harwich	Lady Queen of Heaven RC Church, 129 Fronts Road, Dovercourt	CO12 4EF	1 st	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Southwold	Stella Peskett Millennium Hall, Mights road, Southwold	IP18 6BE	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:15	Frinton	Church Hall, Frinton Parish Church, Old Road, Frinton	CO13 9BX	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Bury St Ed	United reform Church halls, Whiting Street, BSE	IP33 1NR	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	13:00	Clacton (Ladies)	Baptist Church, 145 Frinton Road, Holland-On-sea, Clacton-On-Sea	CO15 5UR	NO	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Ipswich	St Thomas The Apostle & Martyr, Cromer Road, Ipswich	IP1 4EP	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Frinton	Church Hall, Frinton Parish Church, Old Road, Frinton	CO13 9BX	ALL	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	20:00	Hadleigh	Community Room, United reform Church, Market place, Hadleigh	IP7 5DL	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Woodbridge	Methodist Church, St Johns Street, Woodbridge	IP12 1ED	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	9:00	Woodbridge	Methodist Church, St Johns street, Woodbridge	IP12 1ED	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	9:30	Stowmarket (Ladies)	Acorns, The health Centre, Violet hill road, Stowmarket	IP14 1NL	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	12:30	Ipswich	Oak Room (Upstairs), St. Margarets Church Centre, Bolton Lane, Ipswich	IP4 2BT	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	16:00	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	16:30	Ipswich	Mary Roman Catholic Church, 332 Woodbridge Road, Ipswich, Suffolk (Polish speaking)	IP4 4BD	ASK	ASK

CLOSED UNTIL FURTHER NOTICE (COVID19)	18:00	Bury St Ed	Oddfellows Hall, 85 Whiting Street, BSE	IP33 1NX	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Ipswich	(1 st Floor) YMCA, 2 Wellington Street, Ipswich	IP1 2NU	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Felixstowe	Christ Church, Grange Farm Avenue, Felixstowe	IP11 2XD	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Lawford	Ogilvie Hall, Wignall Street, Lawford	CO11 2JG	1st	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	8:30	Bury St Ed	Wilcrofts Café, 13 Brentgovel Street	IP33 1EB	ALL	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	10:00	Ipswich	YMCA (Wellington room 1 st Floor) 2 Wellington Street	IP1 2NU	ASK	NO
CLOSED UNTIL FURTHER NOTICE (COVID19)	11:00	Sudbury	St Christopher Centre, Gainsborough Street, Sudbury	CO10 2EU	ASK	-
CLOSED UNTIL FURTHER NOTICE (COVID19)	15:00	Clacton	Open road, 132A Wellesley road, Clacton-On-Sea	CO15 3QD	ASK	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	17:00	Halesworth	St Edmunds Church, Church Farm Lane, Halesworth	IP19 8SY	ALL	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:00	Ipswich	Greenfinch Church, Greenfinch avenue, Ipswich	IP2 0SQ	1st	YES
CLOSED UNTIL FURTHER NOTICE (COVID19)	19:30	Woodbridge	Methodist Church, St Johns Street, Woodbridge	IP12 1ED	NO	YES

OPEN – An ‘Open’ meeting is one which allows the entry of family & friends of the alcoholic.

1st = The meeting is open to all only on the first meeting of each month

Last = The meeting is open to all, only on the last meeting of each month

D/A = Disabled access

Below are some names and phone numbers of existing AA members who would be happy for you to call them:

NAME	PHONE NUMBER

ONLINE MEETINGS

In light of all meetings being closed due to the Coronavirus outbreak, many online meetings have been arranged to cater for the South East Anglian Intergroup fellowship. If you wish to host your own online meeting/s here is a guide to the most popular platform:

Zoom

Download: <https://zoom.us/download>

How-to guide [here](#)

If however you would like to attend any of the meetings which have already been arranged, please see the current list by clicking this link: <https://drive.google.com/file/d/1NTtGE6NsiPA19fgV07-bfHXJykpHxGXn/view?usp=sharing>

Although these meetings are not AA affiliated, the format will be familiar to you. All of our online meetings are optimised for maximum security and anonymity. Further details can be explained upon request to eclo.seanglian@aamail.org